

SESSION 1: WHERE DID I COME FROM?

WHAT'S THE POINT?

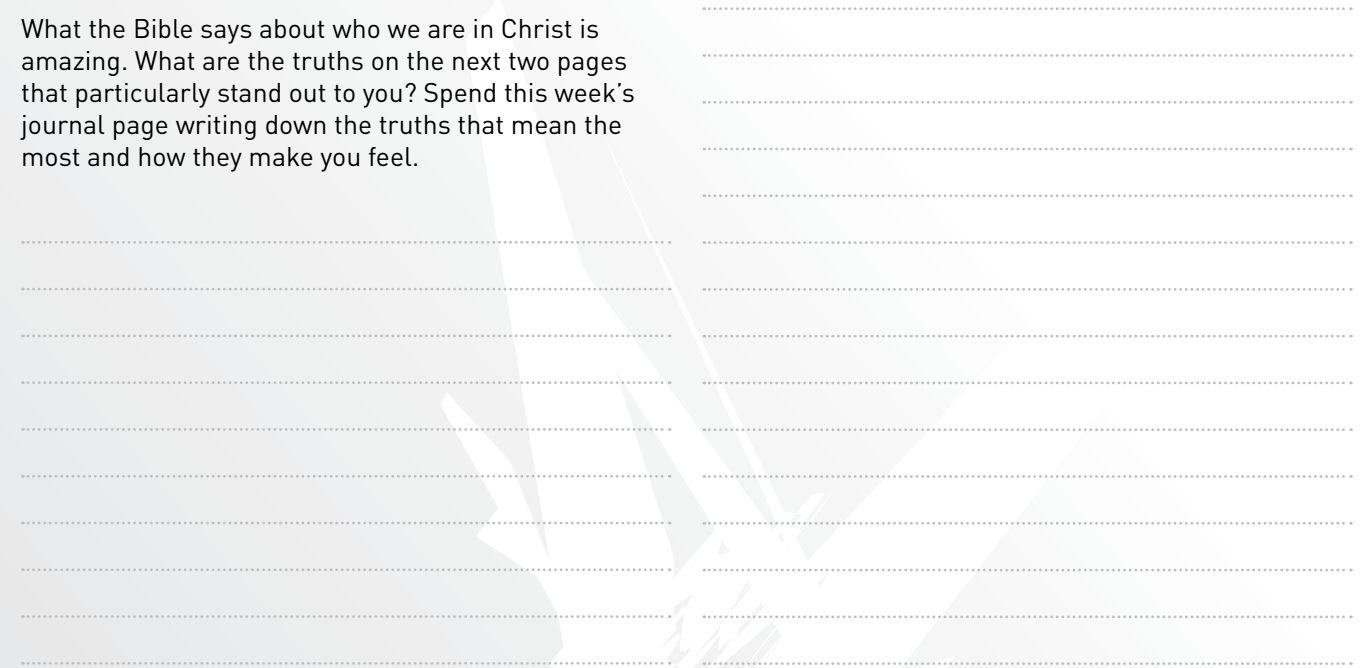
- We all want to be secure, significant and accepted and search for these things, often in the wrong places by trying to do or achieve stuff.
- When we become Christians we automatically become secure, significant and accepted in Jesus even if sometimes it doesn't feel like it.
- When Adam and Eve messed up they lost spiritual life. Jesus, through his life, death and resurrection came to restore this life and give us life to the full.

KEY VERSE:

'I have come that they may have life, and have it to the full.'
John 10:10

JOURNAL

What the Bible says about who we are in Christ is amazing. What are the truths on the next two pages that particularly stand out to you? Spend this week's journal page writing down the truths that mean the most and how they make you feel.



TRUTHS SECTION

I AM SIGNIFICANT?

I am no longer worthless, inadequate, helpless or hopeless. In Christ I am deeply significant and special. God says:

- **John 15:16** I have been chosen and appointed by God to change the world around me.
- **1 Corinthians 3:16** I am a temple of God where God's Holy Spirit lives.
- **2 Corinthians 5:17-21** I am a minister of 'making peace' for God.
- **Ephesians 2:10** I am God's workmanship, created for good works.
- **Ephesians 3:12** I may approach God with freedom and confidence.
- **Philippians 4:13** I can do all things through Christ who strengthens me!
- **1 Corinthians 12:27** I am part of God's family and I have my role to play.

I AM SECURE?

I am no longer guilty, unprotected, alone or abandoned. In Christ I am totally secure. God says:

- **Romans 8:28** I am assured that all things work together for good.
- **Romans 8:31-34** I am free from any guilty charges against me from God.
- **Romans 8:35-39** I cannot be separated from the love of God.
- **Philippians 1:6** I am sure that the good work God has begun in me will be perfected.
- **Philippians 3:20** I am a citizen of heaven.
- **Colossians 3:3** I am kept safe with Christ in God.
- **1 John 5:18** I am a child of God and I am safe from any evil.

I AM ACCEPTED?

I am no longer rejected, unloved or dirty. In Christ I am completely accepted. God says:

- **John 1:12** I am God's child.
- **John 15:15** I am Jesus' chosen friend.
- **Romans 5:1** I am holy and acceptable to God.
- **Ephesians 1:1** I am a saint, a holy person.
- **Colossians 1:14** I have been forgiven for all the things I've done wrong.
- **Colossians 2:10** I am complete in Christ.

QUESTION FOR NEXT WEEK

Imagine that you're talking to someone who is not a Christian. Can you think of a short way to share your faith in a few sentences? Come prepared to share your sentences next week.



SESSION 4: THE WORLD'S VIEW OF TRUTH

WHAT'S THE POINT?

- We each have a different worldview, or perspective, which can affect the way we see God and ourselves.
- The culture in which we live and our past experiences can affect and distort the way we look at the world.
- We need to choose to look at ourselves and God through a Biblical worldview and not mix and match it with any other perspective that is not as true.

KEY VERSE:

Jesus answered, 'I am the way and the truth and the life. No one comes to the Father except through me.'

John 14:6

WHAT'S IT TO ME?

WHICH WORLDVIEW? TEST YOURSELF!

1) How do you make decisions about the future?

- a) I read horoscopes
- b) By using logic, common sense and the latest scientific research.
- c) By praying and reading the Bible
- d) I don't. Any choice I make is as good as the other. I go with the flow.

2) What do you think happens when you die?

- a) I will probably be reincarnated.
- b) Science tells us that nothing happens, so that's what I believe.
- c) I hope I will go to heaven.
- d) Who knows, who cares?

3) What do you spend most time reading?

- a) Manuals for white magic
- b) My Chemistry text book
- c) The Bible
- d) Wikipedia, MySpace and Facebook

4) Who do you go to for advice?

- a) My local witch doctor
- b) My science teacher
- c) God and Christian friends
- d) I don't really need advice.

5) Which of these best describes why you're a Christian?

- a) Keeping a cross around my neck scares away the evil spirits.
- b) Someone showed me the proof of things like the flood, creation and the existence of Jesus.
- c) I believe that Jesus Christ is the only way to God for all people everywhere at all times.
- d) What I have experiences leads me to feel that Christianity works for me.

Results:

Mostly a's – You are mostly influenced by an animist worldview.

Mostly b's – You are mostly influenced by a Biblical worldview.

Mostly c's – You are mostly influenced by a modern worldview.

Mostly d's – You are mostly influenced by a postmodern worldview.

JOURNAL

This week write down all the things that you think influence your worldview. What are you **watching/reading/thinking** about?

As you read the Bible this week how does this affect how you see yourself and God?

Journal writing area with horizontal dotted lines.



CHALLENGE

Read the truths from the session, 'Where did I come from?' about who you are in Christ again. For every lie that you think of that the media/your mates/the world read one of these and remember who you are in Christ.



THINK

Father thank you that you are truth. Help me to look at life through the truth of your word and to be wise in what I look at and read that influence the way I see you. Amen.

QUESTION

If you know you are a saint, why do you think that we still often feel like messing up?

