kregel publications

Table of Contents for When A Man You Love Was Abused

A Woman's Guide to Helping Him Overcome Childhood Sexual Molestation By Cecil Murphey

Acknowledgments Preface Introduction: If You're an Important Woman in His Life

Part 1: Who We Are

- 1 Who Are the Molested?
- 2 A Personal Journey
- 3 Randall Rusher's Story
- 4 Where Was God?
- 5 A Theft of Childhood
- 6 "That Was the Past"
- 7 Flashbacks and Dreams
- 8 False Memories?
- 9 If His Abuser Was a Woman
- 10 The Effects of Abuse
- 11 The Inner Abuser
- 12 Typical Symptoms
- 13 Male Self-images
- 14 Compartmentalizing Himself
- 15 His Need for Control
- 16 What About Boundaries?
- 17 To Feel Again
- 18 Facing His Abuser
- 19 Forgiving His Abuser
- 20 Forgiving Himself
- 21 Going Public
- 22 Positive Effects
- 23 When Is Healing Complete?



kregel publications

Part 2: How You Can Help Him

- 24 The Other Victim
- 25 Accept His Unspeakable Problem
- 26 Believe Him and Help Him Believe
- 27 Support His Spiritual Recovery
- 28 Help Him Honor His Body
- 29 Accept His Shame
- 30 Remind Him That You Care
- 31 Listen, Listen, Listen
- 32 Pray for Him
- 33 Respect His Privacy
- 34 Let Him Mourn
- 35 Be Honest with Him
- 36 Pay Attention to His Emotions
- 37 Don't Let Him Self-punish
- 38 Allow His Inconsistencies
- 39 Be Careful About Touch
- 40 Don't Push Him to Forgive
- 41 Let Him Move at His Own Pace
- 42 Refuse to Let Him Justify the Abuser
- 43 Encourage Him to Break the Silence
- 44 Ask Him to Consider Professional Help
- 45 The Healing Influence of Women

Conclusion: He Needs You



© 2009 by Cecil Murphey. Published by Kregel Publications, a division of Kregel, Inc. PO Box 2607, Grand Rapids, MI 49501